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SSC CPO Comprehensive Syllabus & Recruitment Guide

The SSC CPO (Sub-Inspector in Delhi Police and Central Armed Police Forces) examination is a competitive national-level exam conducted by the Staff Selection Commission (SSC) to recruit candidates for the post of Sub-Inspector (SI) in various forces.

1. Overview of SSC CPO

- **Exam Name:** SSC Central Police Organization (CPO)
- **Posts:** Sub-Inspector (Executive) in Delhi Police & Sub-Inspector (GD) in CAPFs
- **Pay Level:** Level-6 (Rs. 35,400 – 1,12,400/-)
- **Departments:**
 - Delhi Police
 - BSF, CISF, CRPF, ITBP, SSB (CAPFs)

2. Vacancies (2024)

- **Delhi Police:**
 - Male: 125
 - Female: 61
 - **CAPFs Total: 4001**
 - Male: 3693
 - Female: 308
 - **ESM Reservation:** 10% in each CAPF
 - **Special Categories for ESM:** 50% quota for commandos (NSG/SAG/QI/Navy/Air Force)
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3. Eligibility Criteria

Nationality

- Indian citizen OR
- Subject of Nepal/Bhutan OR
- Others with eligibility certificate from Govt. of India

Age Limit

- **General:** 20 to 25 years
- **Age Relaxation:**
 - SC/ST: 5 years
 - OBC: 3 years
 - ESM: 3 years after military service deduction
 - Departmental (Delhi Police):
 - UR: up to 30 yrs
 - OBC: up to 33 yrs
 - SC/ST: up to 35 yrs
 - Widows/Divorced:
 - UR: up to 35 yrs
 - SC/ST: up to 40 yrs

Educational Qualification

- **All Posts:** Bachelor's Degree in any discipline
- **Delhi Police (Male only):** Must possess LMV Driving License at time of PE&MT

4. Application Process

- Apply online at: <https://ssc.nic.in>
- **Photograph:** Live capture, no cap/spectacles



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- **Signature:** JPEG, 6cm x 2cm, 10–20 KB

Application Fee

- Rs. 100/-
- **Exempted:** SC, ST, Women, ESM

5. Exam Pattern

Paper-I (Computer Based Test – 2 Hours)

| Part | Subject | No. of Questions | Marks |
|------|-----------------------|------------------|-------|
| I | General Intelligence | 50 | 50 |
| II | General Knowledge | 50 | 50 |
| III | Quantitative Aptitude | 50 | 50 |
| IV | English Comprehension | 50 | 50 |

- **Negative Marking:** 0.25 marks per wrong answer

Paper-II (Computer Based Test – 2 Hours)

- **Subject:** English Language and Comprehension
- **Questions:** 200
- **Marks:** 200

NCC Bonus Marks (Added to normalized scores)

| NCC Certificate | Bonus per Paper |
|-----------------|-----------------|
| NCC 'C' | 10 marks |
| NCC 'B' | 6 marks |
| NCC 'A' | 4 marks |



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6. Detailed Syllabus

Paper-I

General Intelligence & Reasoning

- Analogy, Series, Coding-Decoding
- Venn Diagrams, Puzzle, Direction
- Word Building, Emotional/Social Intelligence

General Knowledge and General Awareness

- History, Geography, Polity, Economy
- Constitution, Culture, Scientific Research

Quantitative Aptitude

- Number System, Ratio, Percentage
- Algebra, Geometry, Mensuration
- Trigonometry, Time & Work, Graphs

English Comprehension

- Grammar, Sentence Structure, Vocabulary
- Cloze Test, Reading Comprehension

Paper-II: English Language & Comprehension

- Error Spotting, Fill in the Blanks
- Spellings, Synonyms, Antonyms
- Idioms, Sentence Completion
- Comprehension Passages

7. Physical Standards Test (PST)

For Male Candidates

| Category | Height | Chest (Unexpanded/Expanded) |
|--------------------|----------|-----------------------------|
| General | 170 cm | 80 / 85 cm |
| Hill Areas/Gorkhas | 165 cm | 80 / 85 cm |
| ST | 162.5 cm | 77 / 82 cm |



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For Female Candidates

| Category | Height |
|--------------------|--------|
| General | 157 cm |
| Hill Areas/Gorkhas | 155 cm |
| ST | 154 cm |

8. Physical Endurance Test (PET)

For Male Candidates

- 100m race in 16 seconds
- 1.6 km race in 6.5 minutes
- Long Jump: 3.65 m (3 chances)
- High Jump: 1.2 m (3 chances)
- Shot put (16 lbs): 4.5 m (3 chances)

For Female Candidates

- 100m race in 18 seconds
- 800m race in 4 minutes
- Long Jump: 2.7 m (3 chances)
- High Jump: 0.9 m (3 chances)

Note: Ex-servicemen are exempt from PET.

9. Medical Examination

- **Vision:** 6/6 and 6/9 (without glasses)
- **Near Vision:** N6/N9
- No knock knee, flat foot, varicose veins
- No squint
- Overall good mental and physical health



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10. Post Preference & Allotment

- Preferences filled online or during PET/Medical/DV
- Posts:
 - (A) Delhi Police
 - (B) BSF
 - (C) CISF
 - (D) CRPF
 - (E) ITBP
 - (F) SSB
- **Note:** Once allotted, preferences cannot be changed

11. Tie-Breaking Criteria

1. Higher marks in Paper-II
2. Older Age
3. Alphabetical Order of Name

12. Final Selection Process

- Based on normalized scores of Paper-I + Paper-II + NCC Bonus
- Subject to qualifying PET, PST, Medical, and Document Verification
- Final selection based on **merit-cum-preference**
- **All India Service Liability (AISL)** applies

Stay updated with SSC notifications and prepare according to the official syllabus and fitness norms. Strong preparation and physical fitness are key to cracking SSC CPO.

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